



the Main Pool Schedule

YMCA Mission: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:10 AM	<h1>OPEN SWIM</h1>						
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
12 PM							
1 PM	Pool closes 1PM for cleaning and maintenance						1:15- Open Swim
2 PM						3:45-Pool Closes	
3 PM							
4 PM							
5 PM	High School swim team 4:30-6:00pm Mon-Fri Begins Oct 17, 2011 One lap lane open at all times						
6 PM		Aqua Aerobics 6:15-7:15		Aqua Aerobics 6:15-7:15	6:45 Pool Closes		
7 PM							
7:45 PM	Pool Closes						

- ⋮ Pool will only open after the Lifeguard turns on the lights, does a walk through and checks chemical readings.
- ⋮ There are lap lanes available anytime the pool is open and while classes are in session unless specifically noted.
- ⋮ See opposite side for pool usage guidelines.
- ⋮ For more information, visit our website: www.hcfymca.com

