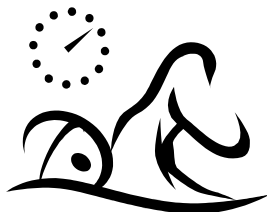


Henderson County Family YMCA

Splash Swim Team



Recreational Swim Team for ages 6 and up

Come join the fun and be a part of the Y's recreational swim team. Emphasis will be on improving stroke technique and fitness for the beginner and intermediate swimmer, with an informal introduction to competitive swimming, while still having fun.

Coaches: Tom Kitchens, Alison Jones & Kay Underwood

Practices: Monday- Thursday 3:45- 4:45 PM

No practices will be held when school is out for any reason.

Session 2 fee: \$50- Y members \$90- non members

Session payments must be made prior to the beginning of each session.

Session 2: November 28, 2011- February 2 , 2012

There will be no practices during Winter Break- December 19-30

After the first day of practice, we require that parents remain off the pool deck during practice times; this is for the benefit of the swimmers. Parents have the option to view practices in the meeting room via closed circuit television or utilize the workout facilities, if YMCA members. The coaches and lifeguards will be on deck at all times to ensure swimmer safety.

A Team social will be held at the end of the sessions, with recognition for each swimmer. An Intersquad will be part of Session1 and competitive meets will be part of Session 2.

The Y will provide 1 set of goggles for each swimmer. Competition style swim suits will be optional. Parents are expected to volunteer help with swim meets and team activities.

Swimmers must be able to swim 1 full length of the main pool freestyle without assistance, or stopping. Swimmers are encouraged but not required to attend all practice sessions.

For additional information, please contact Tom Kitchens at 827-9622.



Swim Team Registration

Swimmer Name: _____

Date of Birth: _____ Age: _____

Parent/ Guardian Names: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work/ Cell: _____

Parent Email Address: _____

Waiver, Release & Permission Agreement

As the parent/ guardian of a child participating on the YMCA Swim Team, I hereby release and hold harmless the Henderson County Family YMCA, its employees and volunteers from any and all such claims or actions I may have, as a result of illness, injury or death my child, or any family member may have from direct or indirect participation on the swim team

Parent/ Guardian Signature: _____

Date: _____

The Henderson County Family YMCA **does not carry medical insurance coverage** for any individual or group that may be injured while using any equipment or participating in any program or event.